



RELEASE OF LIABILITY AND
ASSUMPTION OF RISK AGREEMENT

IN CONSIDERATION of being permitted to participate in any way in the training and instruction being offered by Progressive Combat Solutions LLC, I, **THE RELEASOR**, acknowledge, appreciate, and agree that:

1. This Training Program may involve close quarter combative training, defensive tactics, instruction and practical drilling in threat takedowns, pins, ground-engagements, multiple attackers, arrest and control. Scenarios and drilling include simulated, full contact self-defense situations. **I am fully aware of the inherent risk of injury associated with the activities and equipment involved with such training and instruction, including the potential for permanent disability and death, and while particular protective equipment and personal discipline will minimize this risk, the risk of serious injury does exist;**

2. **I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, EVEN IF ARISING FROM THE NEGLIGENCE OF THOSE PERSONS RELEASED FROM LIABILITY BELOW, AND ASSUME ALL RESPONSIBILITY FOR MY PARTICIPATION IN SAID TRAINING AND INSTRUCTION;** and

3. I understand that this training program is physically and mentally intense. I understand that I must, at all times, follow the instructions of any and all training personnel. If I observe any unusual or unnecessary hazards during my participation, I will bring such to the attention of the training staff as soon as practical; and

4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, **FOREVER RELEASE, HOLD HARMLESS AND PROMISE NOT TO SUE Progressive Combat Solutions LLC., THE OWNERS AND LESSORS OF THE PREMISES USED TO CONDUCT THE SUBJECT TRAINING AND INSTRUCTION, THEIR OFFICERS, INSTRUCTORS, AGENTS AND/OR EMPLOYEES ("releasees"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, OR LOSS OR DAMAGE TO PERSON OR PROPERTY, WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE.**

5. I understand and agree that this **RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT** covers each and every training session and/or simulation in which I participate or attend.

6. **I HAVE READ AND FULLY UNDERSTAND THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT AND UNDERSTAND THAT, BY SIGNING MY NAME BELOW, I FREELY AND KNOWINGLY GIVE UP IMPORTANT LEGAL RIGHTS.**

Date Signed: _____

RELEASOR'S Signature: _____ (Must be signed in ink).